

**Nirmala Memorial Foundation College of Commerce and Science**

**(Autonomous)**

NMFC/DEP-29/AUG 2025

20<sup>th</sup> August 2025

**Notice**

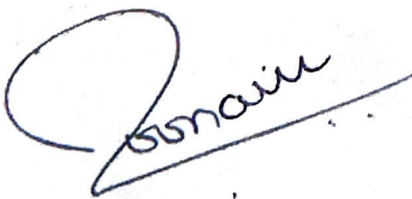
**(For First Year BAMMC)**


Learners are hereby informed that the Department of BAMMC has organised a seminar as part of the curriculum for the subject *Introduction to Cultural Activities* for creating awareness and training on medical emergencies on **Friday, 19th September 2025** from 10:00 am to 11:00 am in the college auditorium.

Eminent speaker **Ms. Sumaiya Raghavan**, a qualified trainer on first aid heart saving will be conducting this seminar. The program will give insights on recognising cardiac arrest, learn how to perform CPR and the use of AED (shock machine), Epilepsy, choking etc.

E-Certificate will be given to the participants which will be considered as a proof of assignment completion. Students are directed to attend the session and avail the benefit.

**Note :** Regular lectures will be conducted on this day.

  
(Vice Principal)

  
(I/C Principal)